

# Parkview Health Symptomatic Respiratory Illness Inpatient Testing Algorithm

**Patient WITH symptoms consistent with Respiratory Viral Illness (appear 2-14 days after exposure)**

- Cough, dyspnea
- Fever (may be delayed onset), shaking/chills
- Myalgias
- Headache
- New loss of taste or smell
- Diarrhea/nausea/vomiting
- Sore throat/Nasal Congestion

**PEOPLE AT RISK FOR SEVERE ILLNESS**

- Risk increases with age
- Risk increases with CDC defined high risk conditions:
  1. Chronic Kidney Disease
  2. COPD
  3. Immunocompromised state/solid organ transplant
  4. Obesity (BMI ≥30)
  5. Type 2 Diabetes Mellitus
  6. Heart failure, CAD, Cardiomyopathy
  7. Sickle cell disease

