INSTRUCTIONS FOR SALIVA COLLECTION USING THE SALIVETTE SALIVA COLLECTION KIT

* Saliva collection to screen for Cushing’s syndrome is recommended between 11:00 pm and midnight, or at the direction of your medical provider.
* Do not eat, drink, smoke, or use oral hygiene products for at least 60 minutes before you start the collection process.
* Rinse the mouth with water and discard. Please wait at least 10 minutes after this rinse to start the collection procedure.
* During this time, review the detailed instructions for the SALIVETTE Saliva Collection Kit below.
1. Uncap the tube.
2. Remove the swab from the Salivette.
3. Place the swab in the mouth (e.g. in your check) where it should remain for 2 minutes. Do not chew on the swab.
4. Return the swab with the absorbed saliva to the Salivette.
5. Replace the stopper in the top of the tube.
6. Label the sample with the appropriate patient information (patient full name, patient DOB) and store in the refrigerator until returned to the lab.