

Instructions for Patient-Collected Vaginal Swab Specimen Collection

Please read all instructions before collecting vaginal specimen. If you have any questions about how to collect this sample, please ask your healthcare provider.

1. Wash hands with soap and water. Rinse and dry.
2. In the privacy of the examination room or restroom, undress as necessary. Comfortably position yourself to maintain balance during the collection procedure.
3. Open the collection package containing the swab and transport tube. Set the transport tube aside. Take care to not touch the tip of the swab or lay it down on a surface.

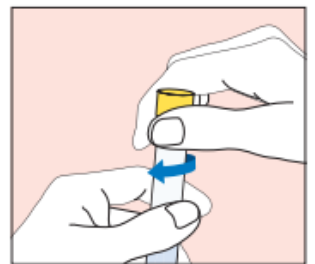
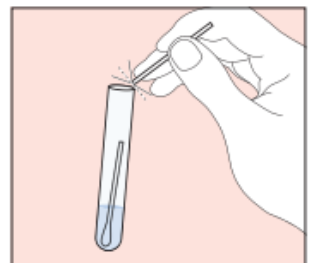
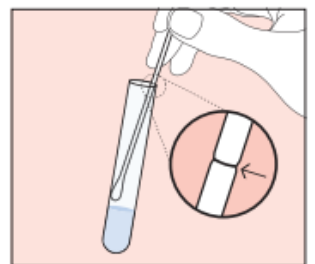
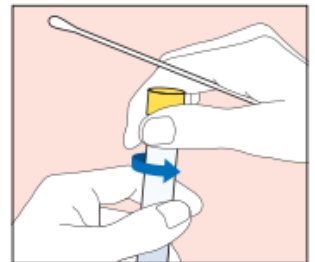
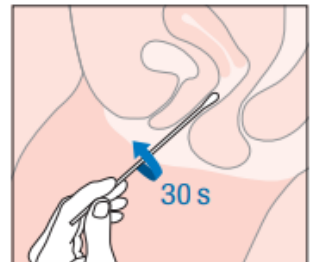
NOTE: If the swab tip is touched, laid down on a surface, or dropped, request a new collection kit.

4. Hold the swab with one hand, placing your thumb and forefinger in the middle of the swab shaft. The swab tip should be pointing toward you. With the other hand, gently spread the skin outside the vagina (labia).
5. Carefully insert the swab into your vagina about 2 inches (5 cm) inside the opening of the vagina.
6. Gently rotate the swab for 10-30 seconds. Ensure the swab touches the walls of the vagina so that moisture is absorbed by the swab.
7. Withdraw the swab from your vagina and continue to hold it in your hand.
8. While holding the swab in the same hand, open the transport tube. Immediately place the collection swab into the transport tube.

NOTE: If the contents of the tube are spilled, request a new collection kit.

9. If there is a scoreline on the collection swab shaft, carefully break the swab shaft against the side of the tube at the scoreline. If needed, gently rotate the swab shaft to complete the breakage. Discard the top portion of the swab shaft in the trashcan.
10. Place the cap on the transport tube and tighten securely.
11. After collection, wash hands with soap and water. Rinse and dry.
12. Return the tube as instructed.

NOTE: Your healthcare provider should label the transport tube with patient and sample identification information.



WARNINGS

- Inform your healthcare provider if you are pregnant.
- Self-collection must take place in a healthcare setting and is not approved for at-home collection.
- Do not use a lubricant to aid in self-collection. Self-collection must be performed before any exam is performed with a lubricant.
- Do not pre-wet the collection swab with any liquid before collecting the vaginal swab.
- If contents of the transport tube are spilled on your skin, wash the affected area with soap and water. If the contents of the tube are splashed in your eyes, immediately flush your eyes with water. Notify your healthcare provider.
- Do not take contents of transport tube internally.