

24-Hour Urine Collection Procedure

The accuracy of this test depends upon the accuracy with which the specimen is collected.

1. When starting the 24-hour period, urinate and discard (throw-away) this specimen. **Note the time that this is done.**
2. From that time on, collect all urine by urinating into a clean container each time and transferring it into the large container. **Do Not urinate directly into this container.**
3. Try to pass the last urine prior to the end of the 24-hour period. Add this urine to the container.
4. Bring to the laboratory as soon as possible.

Keep refrigerated throughout the entire collection period and until ready to return to the specimen to the laboratory.

If not labeled before your collection, please label container with patient's full legal name, patient's height, patient's weight, test(s) name, date and time of collection.

If you have any questions or concerns on how to collect these specimens, please contact Parkview Health Laboratories at (260) 266-1500 Option 1.