



24 HOUR URINE SPECIMEN PROCEDURE POLICY

- IMPORTANT:** The accuracy of this test depends upon the accuracy with which the specimen is collected.
- PROCEDURE:**
1. When starting the 24-hour period, urinate and discard (throw-away) this specimen. **NOTE THE TIME**
 2. From that time on, collect all urine by urinating into a clean container and transfer to this bottle. **DO NOT URINATE DIRECTLY INTO THIS CONTAINER.**
 3. Try to pass the last urine prior to the end of the 24-hour period. Add this urine to the container.
 4. Bring to the laboratory as soon as possible.
- NOTE:** **REFRIGERATE** throughout the entire collection period and until ready to return to the specimen to the laboratory.
- LABEL:** Please label container with patient's full legal name, patient's height, patient's weight, test(s) name, date and time of collection.

Supine and Upright Instructions:

Your physician may request collections be done while lying down (supine) or while upright.

If your physician requests one collection supine and one collection upright, follow the instructions above in two separate 12 hour periods.